



## CO-ED DODGEBALL LEAGUE RULES

JUNIOR DIVISION	Boys/Girls currently in Second or Third Grade
INTERMEDIATE DIVISION	Boys/Girls currently in Fourth or Fifth Grade
SENIOR DIVISION	Boys/Girls currently in Sixth, Seventh or Eighth Grade

Dodgeball is played with ten people on each team and 2 dodgeballs. Each team will start the game with eight players on the court. If a team has less than eight players then both teams will start with fewer players. There are two alternate goalies on each team's side.

When a player is hit they must switch places with one of the goalies. Once a player is deemed out, they move to the goal line rebounding out of bounds balls and feeding them back to their teammates, rotating to the team area in order of elimination. A goalie may only enter the court when the player who is out is completely off the court. The entering player has ten seconds to enter the game, if they do not enter the game in a timely manner, the ref may call them out. There are no side goalies; players must stay parallel to the last line on their side and cannot cross that line for any reason.

### **A player is out when:**

- The player steps over or on the line.
- The player holds onto the ball for more than eight seconds.
- The player is hit with the ball below the neck.
- The player shows unsportsmanlike conduct.
- The player throws the ball and it is caught by the opposing team.
- The player kicks the ball.
- The player takes a head shot at another player.

### **Multiple hits:**

Multiple hits only occur when the ball hits more than one player before touching the ground or being caught. All players in that situation are out. There are multiple hits only when the ball is in the air, if the ball touches the ground then the ball is considered dead.

### **A player is safe when:**

A player is safe when they catch the ball (then the thrower is out), they dodge the ball, or the player used another ball to block the thrown ball.

### **Match play:**

Best of 3 games.

### **Time limit:**

No match will be longer than 60 minutes.

## **Designated playing areas:**

Playing areas will be marked off and understood before the game begins.

## **Head shots:**

If anyone throws the ball directly at another players head or face, they will be out of the game. If this occurs more then once in a match, that person will be benched for the remainder of the match and the following match as well. This is considered unsportsmanlike conduct and will not be tolerated.

## **Uniforms:**

The t-shirts will be given out on the first day of play. All shirts must be tucked in. Uniforms are an extension of the body and if hit the person is out.

## **Miscellaneous:**

At the conclusion of the match both teams will line up and shake the hands of the opposing team's players. Any unsportsmanlike conduct will **not** be tolerated.

